



Tria Health programs offer you clinical guidance through the complexities of health care.

Our goal is to make sure your medications are:

-  Safe
-  Effective
-  Affordable

Benefit Provided By Your
Roofers Local #20 Health
and Welfare Fund

www.triahealth.com | 1.888.799.8742

Tria Health is a confidential and free benefit for you and your family provided through your insurance plan with Roofers Local No. 20 Health and Welfare Fund.

PHARMACY ADVOCATE PROGRAM

What is it?

Tria Health's pharmacists act as your personal medication experts and work with you and your physician to reduce the risk of medication-related problems and to assist you and your physician with identifying lower cost medication options.

Who can enroll?

Plan members (including dependents) who:

- Take multiple medications
- Have at least 1 chronic condition

Targeted Conditions:

- | | | |
|----------------|-----------------------|--------------------------------------|
| • Asthma | • Heart Disease | • Multiple Sclerosis |
| • Chronic Pain | • High Blood Pressure | • Human Immunodeficiency Virus (HIV) |
| • Diabetes | • High Cholesterol | • Hepatitis C |
| • Depression | • Osteoporosis | • Rheumatoid Arthritis |

Getting Started in the Pharmacy Advocate Program

1. Enroll Online

Visit: www.triahealth.com

You may request a paper enrollment form by calling the Tria Help Desk at 1.888.799.8742. After you enroll, Tria Health will call you to schedule an appointment to speak with a Tria pharmacist.

2. Speak with Your Tria Health Pharmacist

Confidentially speak one-on-one with a Tria pharmacist to review all of your medications (including over-the-counter and herbal supplements).



3. Personalized Resources for You

Receive a summary of the recommendations made by your Tria pharmacist and a pocket-sized "Tria Medication Card" to help you keep track of your medications.



Participate & Save Money on Your Prescriptions!

As an active participant in this program, *you will pay lower drug copayments* if you take medications that are targeted by the Pharmacy Advocate program.

Copay Rates	Generics	Brands*
Tria Copay	\$0, up to \$10	50% off up to \$20
Normal Copay	Greater of \$10 or 30% of the cost	Greater of \$25 or 30% of the cost

** Brand incentive only applies to Respiratory and Diabetes medications*

Free Access to Accu-Chek Connect System & Accu-Chek Test Strips!

Active participants with diabetes will have **free** access to the Accu-Chek Connect System, which includes: a bluetooth enabled blood glucose meter, testing strips and a mobile app designed to help you manage your diabetes better.

OTHER TRIA HEALTH PROGRAMS

If you are eligible for one of the following programs, you will receive a letter in the mail.

Affordable Med Program:

Saves you money by identifying less expensive and equally effective alternatives for your brand medications.

Compliance Alerts:

Forget to take your medications? Do side effects cause you to skip your meds? Compliance Alerts find solutions to help you take your medications as prescribed.

Med Safety Alerts:

Prevents the risks associated with taking medications that cause an adverse reaction when taken together.

Tria Clinical Alerts:

Identifies when taking an additional medication in conjunction with your current treatment can improve your condition (based on clinical guidelines).



Questions?

Call the Tria Help Desk: 1.888.799.8742

Monday - Thursday, 8am - 9pm CST

Friday, 8am - 7pm CST

Saturday, 9am - 5pm CST

The Tria Help Desk is Your Personal Resource for Medication Guidance. Call the Help Desk when...

- You're experiencing uncomfortable side effects
- Would like less expensive alternatives
- Have a new prescription
- Need recommendations for over-the-counter medications



Tria Health Resources

Tria Health's Patient Portal | www.triahealth.com

- Save money! View less expensive medication options & send to your physician
- Sign-up to receive email and text notifications
- Find condition-specific care guides

Tria Health Blog | www.triahealthblog.com

- Guides for managing your medications
- Reviews of over-the-counter medications
- Diet tips & healthy recipes
- Information about herbal supplements



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